

18,759

Hunt County, Texas Proclamation for Mental Illness Awareness Month

FILED FOR RECORD
at 2:00 o'clock P M

APR 23 2024

By
BECKY LANDRUM
County Clerk, Hunt County, Tex.

Whereas it is more important than ever to build a stronger mental health system that provides the care, support and services needed to improve overall health; and

Whereas one in five U.S. adults experiences a mental health problem in any given year and 3.3 million adults in Texas have a mental health condition; and

Whereas 1 in 20 U.S. adults experience serious mental illness each year and 796,000 adults in Texas have a serious mental illness; and

Whereas more than half of people with a mental health condition in the U.S. did not receive any treatment last year including 839,000 Texas adults; and

Whereas 15 million Texans live in a community that does not have enough mental health professionals; and

Whereas 1 in 6 U.S. youth ages 6 to 17 experience a mental health disorder each year including 314,000 Texas teenagers suffering from depression; and

Whereas 65% of Texas teenagers diagnosed with depression did not receive any care last year; and

Whereas 7 in 10 youth in the Texas juvenile justice system have a mental health condition; and

Whereas 1 in 4 people with a serious mental illness have been arrested at some point in their lifetime and about 2 in 5 Texas adults in jail or prison have a history of mental illness; and

Whereas 1 person in the U.S. dies by suicide every 11 minutes and in Texas 3,930 lives were lost to suicide last year; and

Whereas long delays—sometimes decades—often occur between the time symptoms first appear and when individuals get help; and

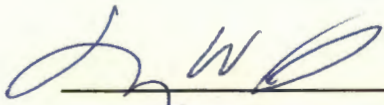
Whereas early identification and treatment can make a difference in successful management of mental illness and recovery; and

Whereas it is important to maintain mental health and learn the symptoms of mental illness in order to get help when it is needed; and

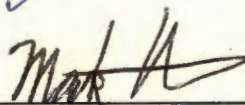
Whereas every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and

Whereas public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

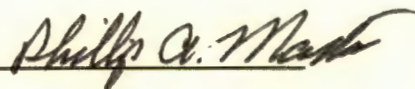
NOW, THEREFORE BE IT RESOLVED, I **County Judge Bobby W. Stovall**, of **Hunt County, Texas** do hereby proclaim May 1 through May 31, 2024 as Mental Illness Awareness Month in **Hunt County, Texas**, to shine a light on mental illness and fight stigma, provide support, educate the public and advocate for equal care.



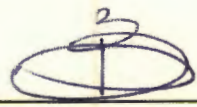
Judge Bobby W. Stovall



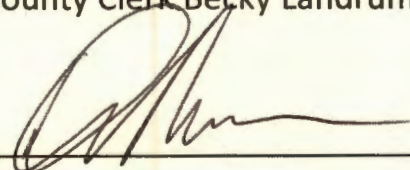
Commissioner Mark Hutchins



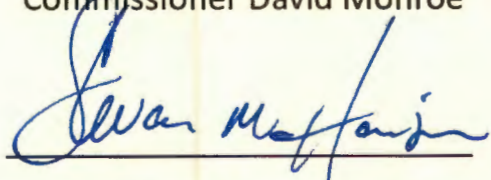
Commissioner Phillip Martin



County Clerk Becky Landrum



Commissioner David Monroe



Commissioner Steven M. Harrison



Hunt County, Texas Proclamation for Mental Illness Awareness Month

Whereas it is more important than ever to build a stronger mental health system that provides the care, support and services needed to improve overall health; and

Whereas one in five U.S. adults experiences a mental health problem in any given year and 3.3 million adults in Texas have a mental health condition; and

Whereas 1 in 20 U.S. adults experience serious mental illness each year and 796,000 adults in Texas have a serious mental illness; and

Whereas more than half of people with a mental health condition in the U.S. did not receive any treatment last year including 839,000 Texas adults; and

Whereas 15 million Texans live in a community that does not have enough mental health professionals; and

Whereas 1 in 6 U.S. youth ages 6 to 17 experience a mental health disorder each year including 314,000 Texas teenagers suffering from depression; and

Whereas 65% of Texas teenagers diagnosed with depression did not receive any care last year; and

Whereas 7 in 10 youth in the Texas juvenile justice system have a mental health condition; and

Whereas 1 in 4 people with a serious mental illness have been arrested at some point in their lifetime and about 2 in 5 Texas adults in jail or prison have a history of mental illness; and

Whereas 1 person in the U.S. dies by suicide every 11 minutes and in Texas 3,930 lives were lost to suicide last year; and

Whereas long delays—sometimes decades—often occur between the time symptoms first appear and when individuals get help; and

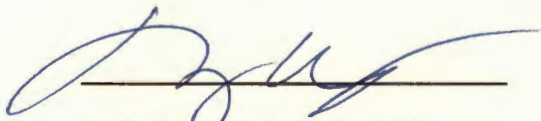
Whereas early identification and treatment can make a difference in successful management of mental illness and recovery; and

Whereas it is important to maintain mental health and learn the symptoms of mental illness in order to get help when it is needed; and

Whereas every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and

Whereas public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

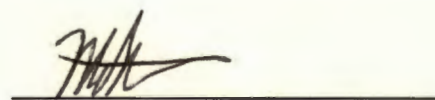
NOW, THEREFORE BE IT RESOLVED, I **County Judge Bobby W. Stovall**, of **Hunt County, Texas** do hereby proclaim May 1 through May 31, 2024 as Mental Illness Awareness Month in **Hunt County, Texas**, to shine a light on mental illness and fight stigma, provide support, educate the public and advocate for equal care.



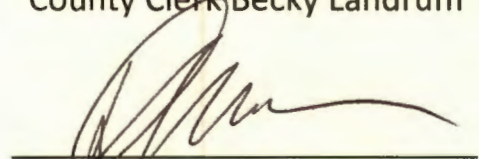
Judge Bobby W. Stovall



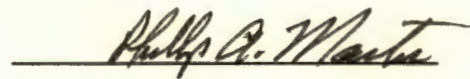
County Clerk Becky Landrum



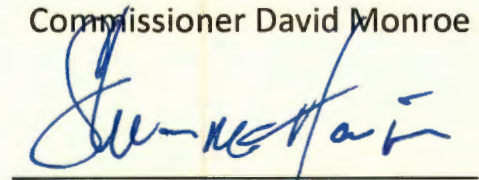
Commissioner Mark Hutchins



Commissioner David Monroe



Commissioner Phillip Martin



Commissioner Steven M. Harrison



Mental Health in Texas



1 in 5 U.S. adults experience mental illness each year.



3,347,000 adults in Texas have a mental health condition.

That's more than **3X** the population of Austin.

It is more important than ever to build a stronger mental health system that provides the care, support and services needed to help people build better lives.



More than half of Americans report that **COVID-19** has had a **negative impact** on their mental health.

In February 2021, **43.4% of adults in Texas** reported symptoms of **anxiety or depression**.

26.4% were unable to get needed counseling or therapy.

Texans struggle to get the help they need.



More than half of people with a mental health condition in the U.S. **did not receive any treatment** in the last year.

Of the **839,000 adults in Texas who did not receive needed mental health care**, **45.3%** did not because of cost.

18.4% of people in the state are uninsured.



1 in 20 U.S. adults experience serious mental illness each year.

In Texas, **796,000 adults** have a **serious mental illness**.



Texans are over **5x more likely to be forced out-of-network** for mental health care than for primary health care — making it more difficult to find care and less affordable due to higher out-of-pocket costs.



1 in 6 U.S. youth aged 6–17 experience a **mental health disorder** each year.

314,000 Texans age 12–17 have depression.

15,072,179 people in Texas live in a community that **does not have enough mental health professionals**.

An inadequate mental health system affects individuals, families and communities.



High school students with depression are more than **2x more likely to drop out** than their peers.

64.7% of Texans age 12–17 who have depression **did not receive any care** in the last year.



27,229 people in Texas are homeless and **1 in 6 live with a serious mental illness.**



On average, 1 person in the U.S. **dies by suicide every 11 minutes.**

In Texas, **3,930 lives were lost to suicide** and 756,000 adults had thoughts of suicide in the last year.

1 in 4 people with a serious mental illness has been arrested by the police at some point in their lifetime –



leading to over **2 million jail bookings** of people with serious mental illness each year.

About **2 in 5 adults** in jail or prison have a history of mental illness.



7 in 10 youth in the juvenile justice system have a mental health condition.



National Alliance on Mental Illness

NAMI Texas is part of NAMI, National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

This fact sheet was compiled based on data available in February 2021. For full citations, visit: nami.org/mhpolicystats.